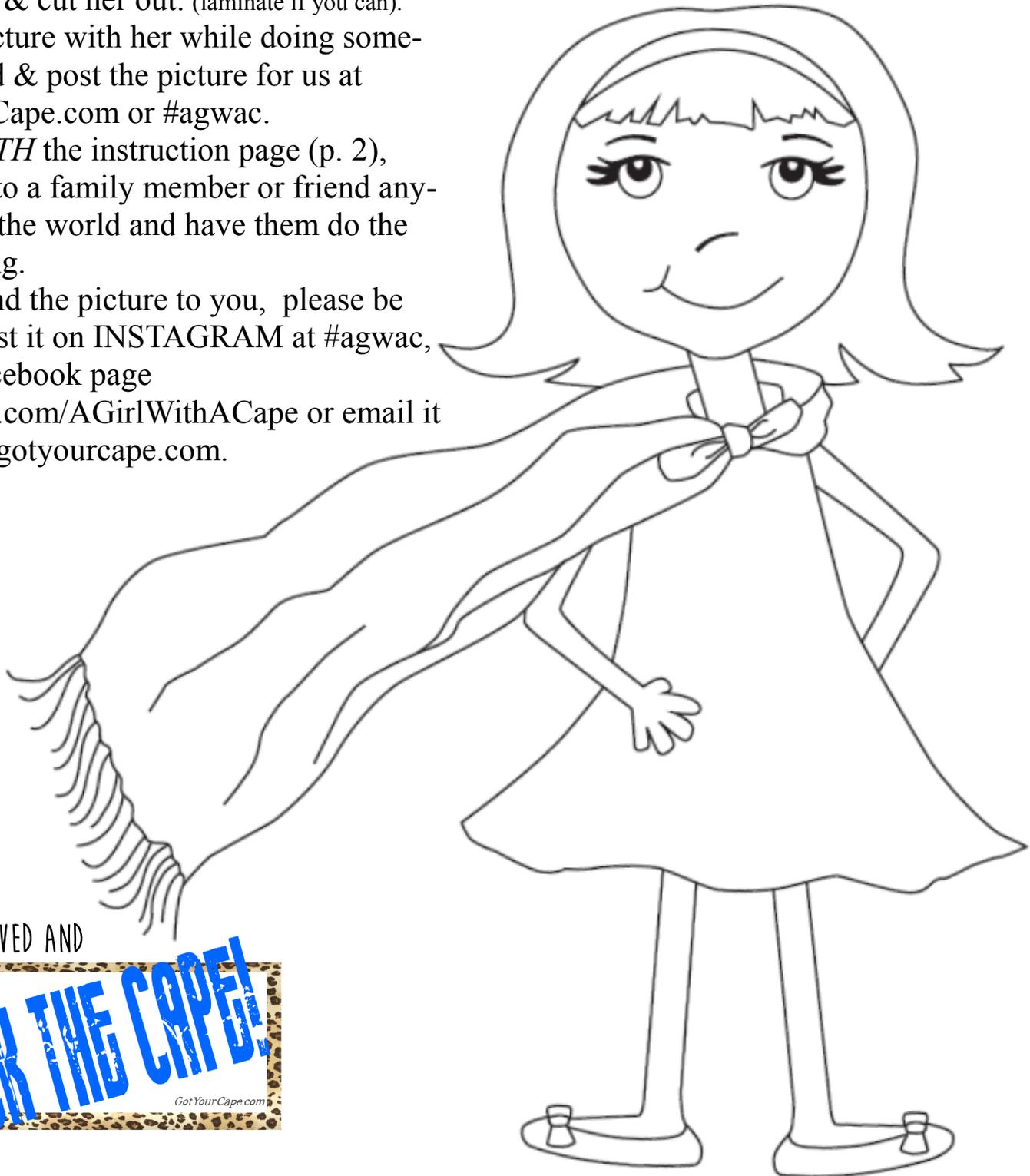


# A Girl With A Cape on the Go

(AGWAC on the Go)

## WHAT TO DO:

1. Print her up on card stock or heavy paper.
2. Color her & cut her out. (lamine if you can).
3. Take a picture with her while doing something kind & post the picture for us at [GotYourCape.com](http://GotYourCape.com) or #agwac.
4. Then, *WITH* the instruction page (p. 2), send her to a family member or friend anywhere in the world and have them do the same thing.
5. If they send the picture to you, please be sure to post it on INSTAGRAM at #agwac, or our facebook page [facebook.com/AGirlWithACape](https://facebook.com/AGirlWithACape) or email it to [amy@gotyourcape.com](mailto:amy@gotyourcape.com).



GET INVOLVED AND



# C.A.P.E. KINDNESS-A-THON

Create A Positive Environment  
with A Girl With A Cape



## CONGRATULATIONS!!



*YOU* are the recipient of

## *A Girl With A Cape on the Go*

### NOW WHAT?

1. Take a picture of *AGWAC on the Go* helping you do something **kind** - whether paying for someone's coffee, holding the door open for someone, donating time or money, cleaning up a park, whatever is on your heart.
2. Email or text the picture back to the person who sent this to you, **AND** to us at **#agwac**, **GotYourCape.com** or **facebook.com/AGirlWithACape** telling us what state/city she's in & what you did. We want the world to see that our **Kindness-A-Thon** is spreading! **YOU** are making that happen!
3. Now, ***YOU mail this on or give it to someone*** with the directions so she can keep going! See how far she goes!!
4. **Watch YOUR kindness spread!** It's a ripple effect. Your kind deed could create hundreds of kind deeds! **YOU** are amazing! Follow us & see how far she travels:



#agwac



/AGirlWithACape



/AGirlWithACape

**Get the book that started this at [GotYourCape.com](http://GotYourCape.com)**

# A Girl With A Cape on the Go

*(AGWAC on the Go)*

